

Botox/Jeuveau/Neurotoxin Pre- and Post- Treatment Instructions

BOTOX Cosmetic can help you improve the appearance of moderate to severe frown lines between your brows, crows feet and wrinkles in your brow. The treatment requires no downtime and results can last up to 4 months.

Initially, you can expect to get treatments every 3 - 4 months to maintain the desired result. Most patients use Botox less frequently and/or in smaller doses over time because the wrinkles soften and become less visible, as exaggerated movement diminishes. The goal is to eventually only require treatment every 6 months or so.

Before your treatment:

- If you are pregnant or breastfeeding, neurotoxin treatments are not recommended.
- Patients with Eaton-Lambert syndrome, Lou Gherig's disease, other neurologic diseases or myasthenia gravis should not receive neurotoxins.
- Patients who are currently taking aminoglycoside antibiotics or penicillamine may need to further discuss, with the doctor, your ability to receive neurotoxins.

After your treatment:

- You may experience mild bruising and/or headache in the first 24 hours. Avoid ibuprofen, aspirin, & other NSAIDS 3 days prior and 3 days after your treatment; use Tylenol for pain.
- Avoid massaging treated areas.
- Keep your head above chest level for at least 6-12 hours.
- Use expression (contract the muscles) as much as possible.
- Do not touch the treated area for 24 hours after treatment.
- Avoid working out the day of the treatment.
- Sleep on your back on the evening of your treatment.
- Do not fly for 24 hours after your treatment.

Please contact our office (727-323-8074) if you have any questions or concerns about how your skin is responding to the treatment.